

# Sentido Norte

## BREAKFAST

from 7 am to 10 am

**GRANOLA AND FRESH FRUIT | V** 16  
oats, quinoa, coconut, cashews

**TICO BREAKFAST | VG** 12  
gallo pinto, eggs, cheese, plantain, tortilla

**GRINGO BREAKFAST** 14  
eggs, bacon, toast, cashew butter,  
homemade jam

**EGGS BENEDICT** 12  
Poached eggs, smoked salmon,  
hollandaise sauce

**BURRITO WITH PICO DE GALLO** 15  
bacon, eggs, avocado, mozzarella cheese

**KNIFE AND FORK RANCHEROS | GF** 12  
eggs, refried beans, guacamole,  
tomatillo sauce

**AVOCADO TOAST | VG** 18  
eggs to order, salad

**APPLE STRUDEL PANCAKES** 12  
dulce de leche

**HUEVOS CON CHORIZO** 14  
eggs with chorizo, potato and  
mozzarella croquete, pico de gallo

**CACHAPA | V** 12  
corn pancake, mozzarella di buffala,  
guava jam

## Smoothies & Juices

fruit juice 5

wellness shot 5

fruit smoothies 6

green smoothie 9

strawberry, banana 9

& greek yogurt smoothie  
add protein for \$6

cacao & peanut butter smoothie 9

## Beverages

tea 3

espresso 3

americano 3

café con leche 4

cappuccino 4

cold brewed coffee 8

still water, 750ml 9

sparkling water, 750ml 9

mimosa: passion  
fruit or orange juice 15

good morning mary 10

good morning mary  
with Tito's vodka 15

To the best of our ability, we source all of our products from local farmers and fishermen. Sentido Norte is vegetarian friendly and mostly gluten-free. All menu prices are in US\$ and include 13% vat and 10% service.

**ALL OPTIONS AVAILABLE FOR ROOM SERVICE, \$5 ADDITIONAL CHARGE**

**VG** - Vegan | **V** - Vegetarian | **S** - Spicy | **GF** - Gluten Friendly