

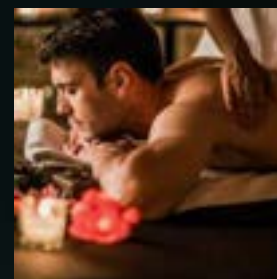


THE

SEASTAR

— S P A —





INDULGE RELAX REJUVENATE

Our intimate SeaStar Spa imports the finest ingredients the ocean has to offer for your skin and body allowing you to indulge, relax and rejuvenate. The Spa recreates the art of marine healing in order to restore balance through innovative skin and body care treatments. Elemis spa therapies work in natural synergy with the skin, mind and body to create long-term results for those seeking solutions to overall well-being. SeaStar Spa treatments are available seven days a week between 9 a.m. and 5 p.m. Advanced reservations for appointments are highly recommended. After-hour treatments can be requested, however, arrangements usually need to be made in advance. If you wish to enjoy Spa services in the privacy of your villa, on the beach or pool this can also be arranged.

PREPARING FOR YOUR SPA EXPERIENCE

MASSAGES | FACIALS | BODY TREATMENTS | PACKAGES | NAIL TREATMENTS | WAXING | CHILDREN'S SPA

HOURS OF OPERATION

The SeaStar Spa is open from 9:00 a.m. to 5:00 p.m. daily. Extended hours may be available upon request.

APPOINTMENTS

Appointments are recommended. Please contact the Concierge or stop by the Spa to schedule a treatment. Advanced appointments are accepted up to 30 days prior to the appointment.

ARRIVAL TIME

We ask that guests arrive at the Spa 15 minutes prior to their appointment to ensure the full treatment can be performed and enjoyed.

CANCELLATION POLICY

If you wish to cancel your appointment, please notify us at least four hours in advance to avoid being charged the full price for your treatment.

SPECIAL EVENTS

The SeaStar Spa is happy to offer pampering for any special event. If you are interested in reserving treatments for a large party, please contact us at 242.358.5000, ext. 266 and we will be happy to assist you.

Please note:

A 15% gratuity is automatically added for your convenience. All in-villa treatments are subject to a service charge. Service prices and offerings are subject to change without notice.

MASSAGES



MASSAGES

SEASTAR LAVA SHELL

For the ultimate calming massage, our SeaStar Lava Shell treatment is the soothing solution. The therapist glides the smoothly polished marine seashells over the palms, arms, neck and shoulder area, while focusing on key pressure points. Deep tissue work on tension areas in the shoulders, back and feet, easing muscle tension, knots and stress points, unblocking energy flow and bringing balance to body, mind and spirit.

EXUMA BEAUTY

A combination of massage techniques, including acupressure, reflexology, aromatherapy and Swedish, the treatment also includes deep tissue massage to relax stubborn knots. Combining pressure point techniques, along with folding, kneading and long gliding strokes, this treatment is also an excellent choice for sports injuries inducing you into the deeply relaxed Exuma state of mind.

ULTIMATE SPORTS MASSAGE

Originally developed to help athletes prepare their bodies for competition, this massage emphasizes on stretching for the prevention and healing of injuries to the muscles and tendons by focusing on areas of the body which are over-used and stressed from repetitive and often aggressive movements. People with chronic pain or restricted range of motion can benefit greatly from this massage.

DEEP TISSUE

Focusing on deeper tissue structures of the muscle and connective tissue, this massage incorporate many of the techniques of Swedish massage, but the pressure is applied more intensely as the therapist works to release chronic muscle tension and knots, providing a feeling of total relaxation afterward.

FEET FIXATION

Take a load off with this foot-focused tension releaser. Lower legs and feet are exfoliated, bathed and massaged. Feet are left nourished, feeling soft and smooth.

NECK, BACK AND SHOULDERS

This massage is a great way to kick off your time on the island. In today's busy world we often carry stress in our neck and shoulders. Treat yourself to this luxurious massage to feel your tensions melt away.



FACIALS

SUPERFOOD PRO-RADIANCE

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying active ingredients. Clinically proven to leave the skin plumper, radiant and lit up with good health.

DERMALOGICA AGE DEFY

Tackle fine lines and wrinkles with clinically proven age-defying benefits. This targeted massage encourages optimum cellular function for nourished, younger looking skin.

DYNAMIC RESURFACING

Clinically proven to target aging and uneven, skin tone, using powerful exfoliation. It is a new start for smoother, younger, looking skin.

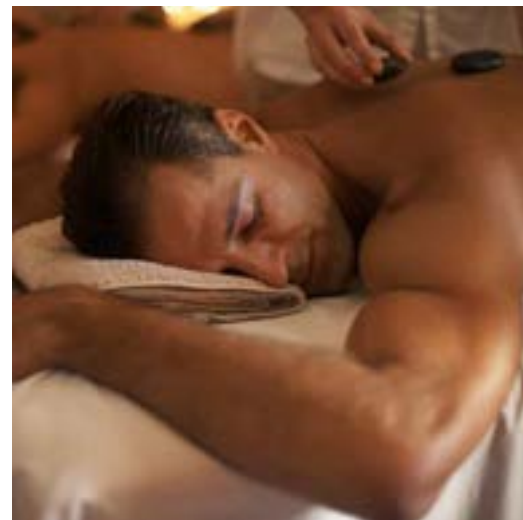
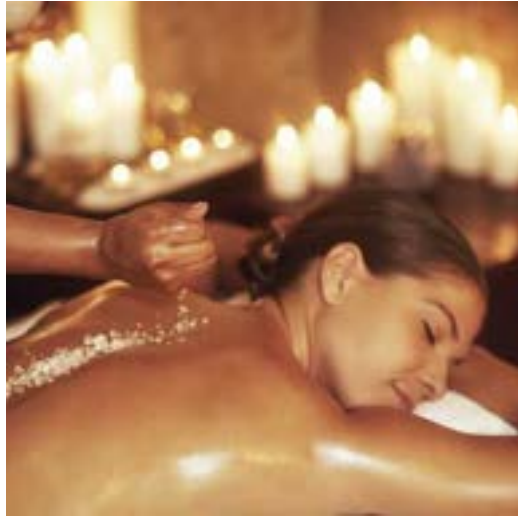
SEASTAR REFRESHER

A deep cleansing introductory facial which refines and re-mineralizes dull lifeless skin to a healthy glow.

SEASTAR BACK

Ensure your back is as gorgeous as your face. The back facial will leave your skin smooth and banish unsightly blemishes and redness. It is formulated to clarify, cleanse and soften the skin of the back.

BODY TREATMENTS



BODY TREATMENTS

INTENSELY CLEANSING BODY SCRUB

The extraordinary cleansing power of salt or sugar releases toxins in this body polishing treatment. The fragranced salt or sugar of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil, delivering velvety soft, invigorated skin. Your Skin is deeply cleansed and moisturized leaving it glowing, replenished and flawless.



PACKAGES

EXUMA AWAKENING

Men, this one's for you... Ultimate Sports Massage; Tri-Enzyme Facial; Spa Manicure & Pedicure and enjoy a FREE Feet Fixation Massage.

HEAVEN SCENT

For those who want to glow... Exotic Lime & Ginger Salt Glow body treatment; Visible Brilliance Facial; Spa Manicure & Pedicure plus a FREE Neck & Shoulder Massage, this heavenly massage is just for you.

SEASTAR ULTIMATE ESCAPE

Choose this package for a truly tropical experience... Cellulox Aroma Spa Ocean Detox Wrap; Signature Hot Lava Shell Massage; Island Spice Manicure & Pedicure; and a FREE Refresher Facial.

COUPLES

SIMPLY DIVINE

80-Minute Hot Lava Shell side-by-side massage; warm paraffin hand treatments; Refresher Facials; and a FREE bottle of Champagne.

ULTIMATE ISLAND BLISS

Full Body Coconut Rub; Scents of Serenity Massages; Island Spice Manicures & Pedicures; and FREE Refresher Facials and glasses of Champagne.

PRICE LIST

SPA PACKAGES

EXUMA AWAKENING

80 min Ultimate Sports Massage; SeaStar Refresher; Spa Manicure & Spa Pedicure.

\$320

HEAVEN SCENT *(Body Glow Package)*

Elemis Intensely Cleaning Salt Scrub with 25 min add-on; Elemis Superfood Pro-Radiance Facial; Spa Manicure & Spa Pedicure.

\$375

SEASTAR ULTIMATE ESCAPE *(Detox & Relax)*

Elemis Aroma Spa Ocean Wrap; 80 min SeaStar Lava Shell Massage; Elemis Dynamic Resurfacing Precision Peel; Island Spice Manicure & Pedicure.

\$550

COUPLES | SIMPLY DIVINE

80-Minute Hot Lava Shell side-by-side massage; warm paraffin hand treatments; and a free bottle of Champagne.

\$520

COUPLES | ULTIMATE ISLAND BLISS

Elemis Intensely Cleansing Salt Scrub; 50 min Exuma Beauty Massage; Refresher Facial; Spa Manicure and Spa Pedicure; glasses of champagne.

\$735

PRICE LIST

NAIL TREATMENTS

Spa Manicure - 30 min. \$45

Island Spice Manicure - 45 min. \$75

Spa Pedicure - 45 min. \$60

Island Spice Pedicure - 60 min. \$75

French Polish - \$25 *(Additional Charge)*

Polish Change - \$15

Gelish Polish | *Upgrade* - \$25
| *Change* - \$35
| *Removal* - \$20

Gel Acrylic Soak Off - \$25

WAXING

Brows - \$25 Full Back - \$80

Underarm - \$30 Full Leg - \$85

Lip - \$15 Half Back - \$45

Full Arm - \$60 Half Leg - \$65

Chin - \$20 Chest - \$60

Half Arm - \$40 Stomach - \$30

Bikini - \$45

FACIALS

Superfood Pro-Radiance - 50 min. \$170

Dermologica Age Defy - 50 min. \$160

Dynamic Resurfacing - 50 min. \$170

SeaStar Refresher - 25 min. \$85

SeaStar Back - 30 min. \$100

MASSAGES

Signature Lava Shell - 50 min. \$140 - 80 min. \$190

Exuma Beauty - 50 min. \$130 - 80 min. \$180
- 110 min. \$260

Ultimate Sports Massage - 50 min. \$145 - 80 min. \$185
- 110 min. \$270

Deep Tissue - 50 min. \$145 - 80 min. \$195 - 110 min. \$290

Feet Fixation - 25 min. \$95 - 50 min. \$100

Neck, Back & Shoulders - 25 min. \$85 - 50 min. \$105

COUPLES PACKAGES

In Villa Services - Plus \$50 service fee. Make any massage a couple's massage for 10% off the regular price!

Simply Divine - \$520

Ultimate Island Escap - \$735

BODY TREATMENTS

Intensely Cleansing Body Scrub - \$110

ADD ON | Moisturizing Massage - 25 min. \$75

PACKAGES

Exuma Awakening - \$320

Heaven Scent - \$375

Seastar Ultimate Escape - \$550

CHILDREN'S SPA

(For children ages 12 & under)

Mini Mani - 30 min. \$25

Our little spa enthusiast will have their nails clipped and buffed. Their hands will then be exfoliated and bathed before their choice of nail color is applied.

Mini Pedi - 45 min. \$45

Our little spa enthusiast will have their nails clipped and buffed. Their hands will then be exfoliated and bathed before their choice of nail color is applied.

Mini Massage - 25 min. \$75

Mini Facial - 25 min. \$80

Hair Braiding Per Braid/Row - \$5

(Walk-ins Only) Your choice of colorful beads!



GRAND ISLE
RESORT

EMERALD BAY, GREAT EXUMA, BAHAMAS

P: 242.358.5000

GrandIsleResort.com/Amenities/SeaStar-Spa